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Server & Desktop Support
Technology Planning
Quarterly Maintenance
Email & Web Site Services
Networking & Internet Services
Secure Data & Privacy Protection
Data Cabling & Wireless Solutions
Custom Software & Report
Writing

www.IowaSolutions.com
www.EmailCentral.net
www.SpamBlockerServices.com



Iowa Solutions is looking to add a couple new clients and we'd like to ask you for a referral or some guidance on who we should talk to. Who do you know that could benefit from the services we offer at Iowa Solutions? Do you know of an organization looking for a good technology company? Send a quick email to Support@IowaSolutions.com and we'll contact them right away!

In the News

With another election year underway, you may be hearing about "carbon footprints" and how they affect the environment. Your carbon footprint measures the amount of greenhouse gases you produce by the choices you make. How can you help? One relatively easy way would be to dispose of your unused computer hardware appropriately. There are several great ways to do this in our own local area.

- ✓ **Goodwill Stores:** They are now accepting monitors, computers, peripherals, etc. It's a great place to discard your Home PC or a single office computer.
- ✓ **Midwest Electronic Recovery:** A true recycling company utilizing the components from all systems. Located in Walford, IA just outside of Cedar Rapids (319.845.2001), it is a great place for larger donations.

Technology Spotlight

Before you recycle or give away your computer, protect sensitive customer or corporate records and prevent identity theft.....

There are some common misconceptions on how to completely erase the data on your PC. You may think you could a) delete your files and empty your recycle bin or b) format your PC. Unfortunately, it's not that easy! *The only way to erase hard drive data is to overwrite your hard drive with random information.* Otherwise thieves can use relatively simple utilities to retrieve your data.

In order to securely remove data from your hard drives PERMANENTLY, Iowa Solutions decided to find out what the Government uses. We found a program that the Department of Defense has been using for more than eight years. The software is also HIPAA compliant. This reference made it an easy decision for us to purchase the enterprise version of the software. For a nominal fee of \$25 per Hard Drive we are able to PROTECT your sensitive customer or corporate records and PREVENT identity theft.

So, before you do your part to help the environment and recycle your old computers; remember to save the hard drives and let us securely erase them for you. Please give us a call if you have any questions!

Tips & Tricks

Having problems printing web pages?

- ✓ Always look for a Printer Friendly option to resize the pages for you.
- ✓ Print Selected Text: Instead of printing an entire site, highlight just the text you need. Go to 'File' and 'Print' and put a dot in the circle next to 'Selection'.